

NEWSLETTER

OCTOBER 2025



RASHID LATIF
KHAN UNIVERSITY



RASHID LATIF
MEDICAL COLLEGE



RLKU
MEDICAL & DENTAL COLLEGE



HAMEED LATIF
TEACHING HOSPITAL



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TEACHING HOSPITAL



RASHID LATIF KHAN UNIVERSITY (RLKU)

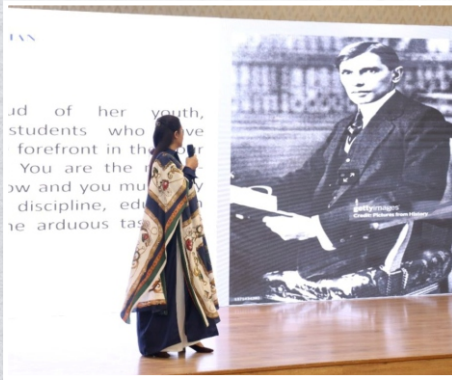
CHANGE MAKER SUMMIT 2025

We are proud to share that Ms. Sabahat Khan CEO, an inspiring leader and visionary entrepreneur, represented Rashid Latif Khan University (RLKU) as a Keynote Speaker at the Change Maker Summit 2025, hosted by the University of Lahore.

In her powerful address, Ms. Sabahat emphasized that youth are the true catalysts of change – the driving force behind innovation, empathy, and social transformation. She encouraged students to embrace their potential, think beyond limitations, and become agents of positive impact in their communities and beyond.

Her message was a reminder that leadership is not about position – it's about purpose, passion, and persistence in making a difference.

We extend our heartfelt appreciation to Ms. Sabahat Khan for representing RLKU with such grace and conviction, and for continuing to inspire the next generation of change makers.



RLK GROUP X TECHBAZAAR

A new chapter begins! RLK Group has signed an MOU with Techbazaar to provide exclusive discounts on the latest gadgets for all RLK Group students and staff.

Empowering education through technology.





RASHID LATIF KHAN UNIVERSITY (RLKU)

RLKU PARTICIPATES IN VICE CHANCELLORS' & RECTORS' MEETING HOSTED BY MINHAJ UNIVERSITY, LAHORE

The Pro Vice Chancellor of Rashid Latif Khan University (RLKU) attended the prestigious gathering of Vice Chancellors and Rectors from leading universities across Lahore, hosted by Minhaj University Lahore.

The meeting served as a dynamic platform for academic leaders to share insights, discuss emerging challenges, and strengthen inter-university collaboration across higher education institutions. Key deliberations centered on quality enhancement, academic innovation, research collaboration, and aligning university operations with national higher education priorities and Sustainable Development Goals (SDGs).

Representing RLKU, the Pro Vice Chancellor actively engaged in discussions highlighting the university's commitment to academic excellence, digital transformation, and the continuous pursuit of quality assurance in teaching and learning.

The session also emphasized the importance of collective initiatives among universities to enhance employability, strengthen research ecosystems, and promote socially impactful education in Pakistan.

The participation of RLKU in this high-profile meeting reflects the university's proactive engagement in national academic development forums and its dedication to fostering meaningful partnerships within the higher education community.



RLKU PARTICIPATES IN INTERNATIONAL CONFERENCE ON UI GREENMETRIC AT GRAND ASIAN UNIVERSITY, SIALKOT

The Pro Vice Chancellor of Rashid Latif Khan University (RLKU) attended the International Conference on UI GreenMetric, organized by Grand Asian University, Sialkot, in collaboration with UI GreenMetric Indonesia and the Higher Education Commission (HEC) Pakistan.

The conference brought together academic leaders and sustainability experts to discuss innovations in green campus initiatives, environmental sustainability, and sustainable university rankings. RLKU's participation reflects its growing commitment to promoting eco-friendly practices and integrating sustainability principles within higher education frameworks.





RASHID LATIF KHAN UNIVERSITY (RLKU)

WORKSHOP ON "CHOOSING THE MOST SUITABLE RESEARCH DESIGN" CONDUCTED AT UMT

A workshop titled "Choosing the Most Suitable Research Design: Quantitative, Qualitative, or Mixed Method" was conducted on October 24, 2025, at the University of Management and Technology (UMT).

The session featured an **exclusive address by the Pro Vice Chancellor of Rashid Latif Khan University (RLKU)**, who shared valuable insights on research methodologies, design selection, and the importance of aligning research objectives with methodological choices.

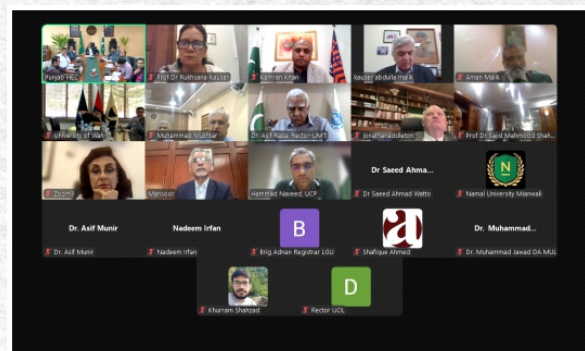
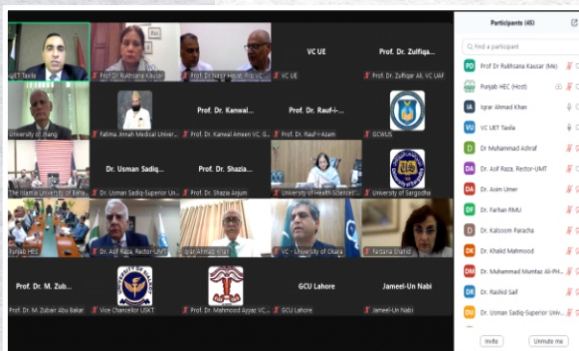
The workshop provided participants with practical understanding of different research paradigms and their applications in academic inquiry, reflecting RLKU's ongoing efforts to promote research excellence and capacity building within Pakistan's higher education sector.



RLKU PARTICIPATES IN PHEC ONLINE MEETING ON ROLE OF HEIS IN ADDRESSING CURRENT FLOODS

The Pro Vice Chancellor of Rashid Latif Khan University (RLKU) attended an online meeting organized by the Punjab Higher Education Commission (PHEC) on the Role of Higher Education Institutions in Dealing with Current Floods.

The meeting brought together university leaders from across Punjab to discuss coordinated responses, community engagement strategies, and research-based interventions aimed at mitigating the impact of floods. RLKU's participation highlights its continued dedication to social responsibility and its commitment to contributing toward national resilience through academic and community-based initiatives.





RASHID LATIF KHAN UNIVERSITY (RLKU)

RLKU PRO VICE CHANCELLOR ATTENDS HEC COMMITTEE MEETING ON UNIFORM PAY SCALE POLICY ISLAMABAD, PAKISTAN

The Pro Vice Chancellor of Rehmatul-Lil-Alameen Khan University (RLKU) attended the meeting of the Higher Education Commission's (HEC) Committee constituted to formulate a policy on a uniform pay scale for faculty hiring across Higher Education Institutions (HEIs) in Pakistan.

The session focused on developing a standardized framework to ensure equity, transparency, and competitiveness in faculty recruitment and compensation. RLKU's representation in the committee underscores its active role in contributing to national-level higher education policy formulation and promoting quality and fairness in academic employment practices.



RLKU PRO VICE CHANCELLOR SERVES AS REGULAR MEMBER IN SELECTION BOARD AT GC UNIVERSITY, FAISALABAD

The Pro Vice Chancellor of Rashid Latif Khan University (RLKU) participated as a regular member of the Selection Board at Government College University, Faisalabad, held on October 25, 2025.

The board reviewed academic and professional credentials of candidates for various faculty positions, ensuring merit-based and transparent recruitment processes. RLKU's representation on the Selection Board reflects the institution's growing academic credibility and its commitment to promoting excellence and fairness in higher education governance across Pakistan.





RASHID LATIF KHAN UNIVERSITY (RLKU)

OPEN HOUSE WITH KIPS COLLEGE

A VIBRANT BEGINNING AT RASHID LATIF KHAN UNIVERSITY!

We were delighted to host an Open House and Welcome Party in collaboration with KIPS College Kahna, celebrating new opportunities, career counselling, connections, and the spirit of learning together, honored by the presence of the Education Minister (Rana Sikandar Hayat) as the Chief Guest. Here's to an exciting journey ahead for our future leaders!



RLKU VS RIPHAKH CRICKET MATCH

Rashid Latif Khan University and Riphah International University faced off in a friendly cricket match, fostering teamwork, sportsmanship, and stronger ties between both institutions. It was a thrilling game filled with great energy and mutual respect. Congratulations to Riphah University on winning the final match! Here's to more friendly encounters and lasting collaborations ahead!



BREAST CANCER AWARENESS SEMINAR – PANEL DISCUSSION

The Department of Pathology at Rashid Latif Medical College organized a seminar on “Early Detection and Prevention of Breast Cancer” as part of Breast Cancer Awareness initiative. Distinguished panelists shared valuable insights emphasizing knowledge, awareness, and hope. Ms. Tania Asghar from the Department of Professional Psychology served as a panelist, offering a psychological perspective on breast cancer treatment. The discussion focused on coping with the diagnosis, the crucial role of family support, and maintaining optimism throughout the recovery journey. The event was well-received by students and proved to be highly informative and impactful.



WORLD MENTAL HEALTH DAY 2025 – AWARENESS EVENT

The Punjab Institute of Mental Health organized an awareness seminar on the occasion of World Mental Health Day to promote awareness, share knowledge, and combat the stigma surrounding mental illness. Ms. Tania Asghar from the Department of Professional Psychology, along with the BS Clinical Psychology (7th Semester) students, attended the event. The seminar featured insightful discussions on this year's theme which was “Access to Services: Mental Health in Catastrophes and Emergencies”, highlighting the importance of collective efforts toward improving patient care. The students found the experience highly informative and enriching, making the event a commendable success.



FLOOD RELIEF AND MEDICAL CAMP

The Character Building Society (SHINE) and the Society of Unique Learning (SOUL) at Rashid Latif Khan University jointly organized a Flood Relief and Medical Camp for the victims affected by the recent floods in the Kasur region of Pakistan under the supervision of Ms. Mahrugh Mumtaz & Dr. Shahan Cheema. Prior to the visit, an extensive relief collection drive was conducted, through which substantial donations were gathered. A one-day camp was then organized to provide on-ground support to the affected citizens.

Ms. Mahrugh Mumtaz and Mr. Ashar Qurban from the Department of Professional Psychology accompanied by a group of dedicated students and Medical Officers, visited the flood-affected area to extend assistance. Over 300 individuals received free medical consultations and healthcare services from volunteer doctors, while 100 families were provided with relief packages containing essential supplies. CEO Madam Sabahat Khan commended and appreciated the team for their remarkable efforts and humanitarian spirit in organizing this impactful activity. This initiative exemplified the university's strong commitment to social responsibility, compassion, and community engagement.



16TH INTERNATIONAL CONFERENCE ON MANAGEMENT RESEARCH – ICMR 2025

Ms. Mahrugh Mumtaz attended 16th International Conference on Management Research (ICMR 2025) in Tashkent, Uzbekistan, hosted by Superior University in collaboration with New Uzbekistan University and Asia International University, Bukhara. This prestigious event united leading academics, researchers, and dignitaries from Pakistan and Uzbekistan for an inspiring exchange of ideas and insightful discussions on innovation, leadership, sustainable development, and advanced research.

The conference served as a dynamic platform for advancing management research knowledge on Sustainable tourism in the era of Digitilization and fostering international academic collaboration. It was an intellectually enriching, insightful, and highly successful event.



5th International Conference on Rehabilitation Sciences Topic: social and Cultural Factors Influencing the Acceptance of AI-based Speech Therapies Among Individuals with Special Needs

Prof. Dr. Atia Ur Rehman was invited as keynote speaker at the **5th International Conference on Rehabilitation Sciences** organized by **Superior University** at Pearl Continental Hotel, Lahore on the topic *"Social and Cultural Factors Influencing the Acceptance of AI-based Speech Therapies Among Individuals with Special Needs."*

She highlighted how AI is revolutionizing speech therapy and supporting individuals with communication difficulties, while emphasizing that cultural values, social perceptions, and community trust play a crucial role in its acceptance. Her address underscored the importance of aligning technological progress with human and cultural understanding to ensure that rehabilitation practices remain inclusive and compassionate.



PSRD Celebrates National Speech Therapy Day 2025: Empowering Speech, Enabling Lives Topic: Emerging Trends of SLP in Pakistan

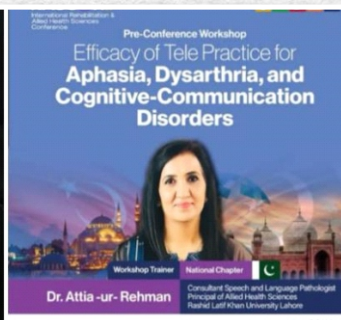
Professor Dr. Atia Ur Rehman was invited as a guest speaker at the **National Speech Therapy Day 2025** event organized by the **PSRD Speech Therapy Department**. The event was held at the **Ghazala Hameed Auditorium**, carried the inspiring theme **"Empowering Speech, Enabling Lives."** Dr. Atia was warmly welcomed by faculty, students, and professionals from the speech-language pathology community. She delivered an engaging and thought-provoking talk on **"Emerging Trends of SLP in Pakistan,"** where she highlighted the growing importance of speech therapy in improving communication and enhancing lives. Her insights motivated students and professionals alike to continue working with dedication and compassion in the field.



Pre conference workshop on “ Efficacy of Tele Practice for Aphasia, Dysarthria, and Cognitive-Communication Disorders”

Professor Dr. Atia Ur Rehman conducted a **pre-conference workshop** on “**Efficacy of Telepractice for Aphasia, Dysarthria, and Cognitive-Communication Disorders**” at **RASCON (International Rehabilitation and Allied Health Sciences Conference)** held at **Superior University**.

Dr. Atia shared valuable insights on how **telepractice** is transforming speech and language therapy, making treatment more accessible for individuals with communication disorders. Her interactive session highlighted practical approaches, challenges, and the growing role of technology in modern rehabilitation. Participants praised her engaging presentation and expertise, which inspired professionals and students alike to embrace innovation in **speech-language pathology**.



Radio show “Lahore Lahore ae”

Topic: Beyond MBBS and BDS: The Rising Scope of Allied Health Professions

Professor Dr. Atia Ur Rehman, was featured on the popular radio show “**Lahore Lahore Ae**”, where she spoke on the topic “**Beyond MBBS and BDS: The Rising Scope of Allied Health Professions.**”

During the engaging discussion, Dr. Atia emphasized the crucial role of **Allied Health Professionals** in modern healthcare systems. She encouraged students to explore these growing fields, emphasizing that healthcare is a team effort where every role contributes to saving lives and improving well-being. Her inspiring words resonated with listeners, helping them see the wide horizon of careers beyond the traditional paths of MBBS and BDS. Her participation on the show reflected her continuous dedication to promoting Allied Health Sciences degrees and highlighting the role Allied Health Professionals Council.





RLKU STUDENTS PROJECT AT FOUNTAIN HOUSE

The students of Allied health Sciences, RLKU visited the Fountain House for a project in the supervision of Director Allied health Sciences Dr. Atia Ur Rehman.



OPTOMETRY DEPARTMENT OF RASHID LATIF KHAN UNIVERSITY PARTICIPATED IN INSTITUTIONAL COLLABORATION MEETING AT UNIVERSITY OF FAISALABAD

Miss **Sana Maqsood** from Optometry department, Rashid Latif Khan University attended the Optometry Institutional Collaboration Meeting held at the University of Faisalabad. The meeting focused on fostering collaboration among various optometry institutions to enhance academic exchange, research partnerships, and clinical training opportunities. Representatives from multiple universities and organizations participated, sharing insights on curriculum development, clinical practices, and future joint initiatives. Attending this meeting provided valuable networking opportunities and a deeper understanding of ongoing developments in the field of optometry education and practice.



PHYSCON 2025

Miss Shehla Javaid, Assistant Professor, Faculty of Physical & Biological Sciences, Rashid Latif Khan University, participated as an oral presenter at the PHYSCON 2025 International Conference held on **October 4, 2025**, at FMH College of Medicine & Dentistry, Lahore.

Her participation highlights the faculty's active engagement in promoting academic excellence and contributing to research-oriented scientific forums at the national level.





RASHID LATIF MEDICAL COLLEGE (RLMC)

YOUTH CLUB

CHANGE YOURSELF, CHANGE THE WORLD!

Rashid Latif Medical College was honored to host an inspiring and thought-provoking session by Raja Zia ul Haq, organized by the RLMC Youth Club. The event encouraged students to look inward to reflect on their values, reform their habits, and rise with renewed purpose. Raja Zia ul Haq's engaging talk shed light on how personal transformation serves as the foundation for meaningful change in society. The session left a lasting impact on the audience, sparking self-awareness, motivation, and a drive to make a positive difference in their communities. It was truly a day that touched hearts, stirred minds, and inspired action!



SPORTS SOCIETY

RLMC proudly celebrates its Official Basketball Team for securing the Gold Medal at CPL-8, hosted by Central Park Medical College. With an outstanding 47–26 victory in the finals, the team demonstrated exceptional teamwork, skill, and sportsmanship. A special commendation goes to Captain Ibraheem Javed, the top scorer with 27 points, for his remarkable leadership and performance. History made once again. RLMC stands tall!





RASHID LATIF MEDICAL COLLEGE (RLMC)

DRAMATICS SOCIETY

RANG-E-BISMIL 6.0

An enchanting evening of spiritual harmony and soulful qawwali, graced by the captivating performance of Shahzad Santoo. The event resonated with devotion, rhythm, and the essence of Rang-e-Bismil, creating an atmosphere of peace and connection. Beautifully organized by Rashid Latif Medical College where art meets spirituality.



QUAD FIT GYM

Rashid Latif Medical College proudly inaugurated the Quad Fit Gym, a state-of-the-art fitness facility for both male and female students, promoting physical wellness, focus, and holistic development, because a healthy body nurtures a healthy mind. The gym was inaugurated by Mrs. Zulekha Khan, Prof. Dr. Mudassar Ali (Vice Principal, RLMC), and Dr. Babar Wattoo (Medical Director, AMTH), marking a major step towards a balanced and student-centered campus environment. Get ready to lift, sweat, and grow the Quad Fit era begins at RLMC.





RASHID LATIF MEDICAL COLLEGE (RLMC)

PROBLEM BASED LEARNING SESSION- 1st YEAR MBBS

Rashid Latif Medical College conducted an engaging Problem-Based Learning (PBL) session for 1st Year MBBS students, promoting critical thinking, teamwork, and clinical reasoning from the very beginning of their medical journey. Students actively discussed real-life scenarios, applied theoretical knowledge, and collaborated to find solutions reflecting RLMC's commitment to student-centered, inquiry-driven learning that builds the foundation for future clinical excellence.



PROBLEM BASED LEARNING SESSION- 2nd YEAR MBBS

Rashid Latif Medical College conducted an insightful Problem-Based Learning (PBL) session for 2nd Year MBBS students, fostering analytical thinking, collaboration, and clinical application of knowledge. Through interactive case discussions and teamwork, students explored real-world medical problems, strengthened their conceptual understanding, and enhanced problem-solving skills reflecting RLMC's vision of innovative, student-centered medical education.





RASHID LATIF MEDICAL COLLEGE (RLMC)

PATIENT WELFARE CLUB-RLMC

RLMC PWC- Funfair

The Patient Welfare Club (PWC) of Rashid Latif Medical College organized the much-awaited Funfair cum Carnival 2025 an unforgettable celebration of joy, laughter, and togetherness. The event featured a range of student-led stalls showcasing creativity and talent, including food, jewelry, candles, crochet, and other handmade crafts. The atmosphere came alive with a thrilling performance by DJ Trix, enjoyed by both faculty and students alike.

The celebration concluded with Rangreza a lively color festival, reflecting the vibrant spirit, unity, and enthusiasm that define the RLMC community.



FINAL YEAR MBBS -RLMC

Farewell Batch of 2019-2024

Rashid Latif Medical College bid a heartfelt farewell to the Batch of 2019-2024, celebrating their remarkable journey from students to future healers. The event was filled with joy, nostalgia, and gratitude, as students and faculty shared memorable moments, heartfelt speeches, and warm wishes for the graduating class. With pride and affection, RLMC sends off its graduates to embark on their professional paths ready to serve with compassion, integrity, and excellence. Here's to new beginnings and bright futures ahead!





RASHID LATIF MEDICAL COLLEGE (RLMC)

DEPARTMENTS OF ORTHOPEDICS AND MEDICINE I

Clinicopathological Conference (CPC)

The Departments of Orthopedics and Medicine I at Rashid Latif Medical College jointly organized an engaging Clinicopathological Conference (CPC).

The session fostered clinical reasoning, integrated learning, and interdisciplinary collaboration enhancing diagnostic skills and evidence-based decision-making among students and faculty.



DEPARTMENT OF PHYSIOLOGY

Journal Club – Department of Physiology of Rashid Latif Medical College

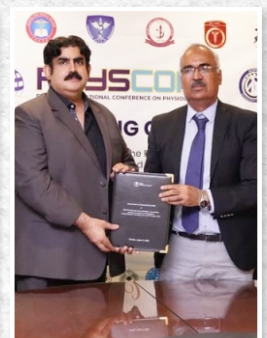
The Department of Physiology at Rashid Latif Medical College organized an insightful Journal Club session, bringing together students and faculty to discuss recent research, analyze scientific literature, and enhance critical thinking skills. Such interactive academic forums strengthen learning and foster a culture of evidence-based medicine among our future doctors.



DEPARTMENT OF PHYSIOLOGY

Physcon–RLMCXFMH

Rashid Latif Medical College proudly collaborated with FMH Medical & Dental College for the Physcon International Physiology Conference 2025, celebrating research and innovation in medical sciences. Prof. Mudassar Ali served as judge, while Prof. Saman Saeed delivered a keynote on "The Co-Intelligence Era." Dr. M. Talha Hassan won Best Oral Presenter (PKR 50,000), and Dr. Hafsa with Ms. Shehla Javaid secured the Runner-up Award. RLMC faculty also conducted a pre-conference workshop on AI in Teaching & Learning, reflecting the institution's unwavering commitment to academic excellence and innovation.





RASHID LATIF MEDICAL COLLEGE (RLMC)

DEPARTMENT OF PATHOLOGY

Super Gamifying Pathology Hunt

The Department of Pathology at Rashid Latif Medical College took learning to the next level with the Super Gamifying Pathology Hunt an exciting blend of fun, creativity, and education organized under the Integrated Modular Curriculum for 3rd Year MBBS students. The event featured 15 interactive stations, each packed with engaging games and activities designed to make pathology come alive beyond the classroom. Students collaborated in teams, using critical thinking, problem-solving, and conceptual understanding to tackle challenges at every station. This unique initiative not only made learning enjoyable and memorable but also reinforced key concepts through active participation and teamwork truly a step forward in innovative medical education at RLMC!



DEPARTMENT OF PATHOLOGY

World Osteoporosis Day

The Department of Orthopedics, Rashid Latif Medical College, proudly observed World Osteoporosis Day 2025 to promote awareness about bone health and the prevention of osteoporosis. Prof. Khalid Hussain emphasized the significance of early screening, balanced nutrition, regular physical activity, and healthy lifestyle choices in maintaining strong bones and preventing future complications. Let us pledge to prioritize bone health, because our bones support us for life!





RASHID LATIF MEDICAL COLLEGE (RLMC)

DEPARTMENT OF OBSTETRICS & GYNECOLOGY

EMONC Workshop Successfully Conducted at RLMC

Rashid Latif Medical College organized a comprehensive Emergency Obstetric and Newborn Care (EMONC) workshop for Final Year MBBS students, conducted by the Department of Obstetrics & Gynecology under the supervision of Dr. Sammer and Dr. Ayesha.

The workshop offered hands-on training in managing maternal and neonatal emergencies, enhancing students' clinical preparedness, decision-making, and life-saving skills a vital step toward professional excellence in medical practice.



Department of Medical Education

EMONC Workshop Successfully Conducted at RLMC

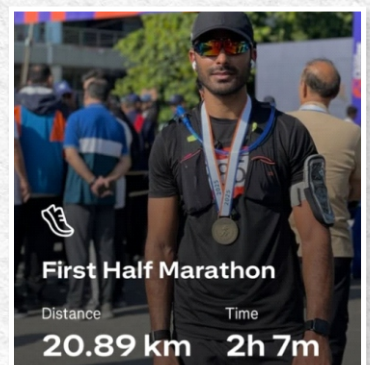
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ALUMNI CELL

RLMC extends heartfelt congratulations to Dr. Hammas Danish Khan, our distinguished alumnus, on successfully completing a 21 km marathon as a triathlete. His remarkable dedication, discipline, and perseverance serve as an inspiration to the entire RLMC community.





RASHID LATIF MEDICAL COLLEGE (RLMC)

ALUMNI CELL

Alumni Reunion - UK Chapter

A memorable evening for the RLMC Alumni Union – UK Chapter, graced by Mrs. Sabahat Khan. The event reflected the strong ties and shared spirit of the RLMC family across borders. Mrs. Sabahat Khan presented a token of appreciation from Rashid Latif Medical College, extending heartfelt greetings and pride from the alma mater to its distinguished alumni abroad.



ALUMNI CELL

Rashid Latif Medical College was proud to be represented at the 24th Annual Shaukat Khanum Cancer Symposium, a premier health event that brought together participants from around the world, both online and in-person. Dr. Muhammad Khalil Ur Rahman, Assistant Professor of Surgery at RLMC, along with 4th and final-year students, represented our institution at this significant gathering.



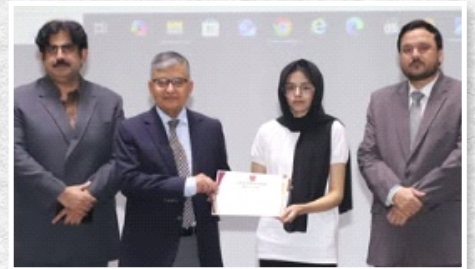


RASHID LATIF MEDICAL COLLEGE (RLMC)

DEPARTMENT OF MEDICAL EDUCATION STUDENT EMPOWERMENT PROGRAM

Certificate Distribution Ceremony

Rashid Latif Medical College proudly celebrated its MBBS students for their outstanding achievements in both the Student Empowerment Program and the National & International Electives Program marking key milestones in their medical journey. The Student Empowerment Program Certificate Distribution Ceremony recognized 1st Year MBBS students for successfully completing their clinical hours and community work, reflecting RLMC's strong commitment to professional growth, community engagement, and experiential learning. Meanwhile, 3rd Year MBBS students were awarded certificates for completing their National and International Electives, acknowledging their dedication, global exposure, and pursuit of excellence. Certificates were presented by Prof. Tahir Masood and Prof. Mudassar Ali, who commended students for their hard work, professionalism, and enthusiasm for continuous learning. These ceremonies truly embodied RLMC's mission to empower future physicians with knowledge, compassion, and a global vision.



DEPARTMENT OF PATHOLOGY IN COLLABORATION WITH RADIOLOGY SURGERY & GYNAE DEPARTMENTS

Breast Cancer Awareness Seminar 2025 at Rashid Latif Medical College

The Pathology Department of Rashid Latif Medical College, in collaboration with Radiology, Surgery & Gynae Departments, hosted a powerful seminar on early detection and prevention of breast cancer. Esteemed internal and external panelists shared valuable insights on knowledge, awareness, and hope, followed by an awareness walk promoting unity in the fight against breast cancer.





FACULTY DEVELOPMENT PROGRAM INITIATED AT RASHID LATIF COLLEGE OF PHARMACY

Rashid Latif College of Pharmacy has successfully launched a **Faculty Development Program** aimed at introducing **innovative learning methodologies** for students, under the visionary supervision of **Professor Dr. Humayun Riaz, Principal RLCP**. The initiative encourages each faculty member to present at least one **innovative teaching strategy** beyond conventional methods, fostering creativity, critical thinking, and interactive learning within the academic environment.

The **first session** of the series was conducted by **Dr. Hammad Yousaf, Associate Professor**, who delivered an insightful presentation on the **"Difference Between Problem-Based Learning and Center-Based Learning."** The presentation was engaging and well-received, sparking valuable discussion among the faculty members.

Professor Dr. Humayun Riaz appreciated Dr. Hammad Yousaf's efforts and highlighted that *"such initiatives are vital for continuous professional growth and play a pivotal role in transforming teaching into a more dynamic, student-centered experience."* He further emphasized that the Faculty Development Program will continue as a series of interactive sessions to strengthen the college's **academic excellence and teaching innovation**.



WORKSHOP ON "FROM SIMULATION TO PUBLICATION: WRITING MANUSCRIPTS FOR IN-SILICO RESEARCH INNOVATION" HELD AT RLCP

Rashid Latif College of Pharmacy (RLCP) successfully organized an insightful workshop titled **"From Simulation to Publication: Writing Manuscripts for In-Silico Research Innovation"** under the supervision of **Professor Dr. Humayun Riaz, Principal RLCP**. The session was conducted by **Miss Iqra Anwar, Lecturer RLCP**, who delivered an engaging and informative presentation on the essential steps involved in designing, executing, and publishing in-silico research work.

The workshop was attended by **faculty members from various programs and students**, who actively participated in discussions and interactive activities. The session provided valuable guidance on **computational methodologies, data analysis, and scientific writing techniques**, equipping participants with practical skills to transform simulation-based studies into impactful research publications.

Professor Dr. Humayun Riaz appreciated **Miss Iqra Anwar** for her commendable efforts and engaging session, stating that *"equipping young researchers and faculty with modern in-silico research and publication skills is crucial for fostering innovation and global competitiveness in pharmaceutical sciences."* He further emphasized that such initiatives reflect RLCP's dedication to **research excellence, innovation, and continuous professional development** in pharmacy education.





RASHID LATIF COLLEGE OF PHARMACY SHINES AT INTERNATIONAL CONFERENCE

Miss Nabba Shabbir, a distinguished faculty member of Rashid Latif College of Pharmacy, proudly represented the institution at the 1st International Conference and Exhibition on "Global Advances in Pharmaceutical Sciences: From Discovery to Personalized Health Care", organized by Riphah International University, Lahore. She presented her research poster titled "*Validated RP-HPLC Method for Simultaneous Estimation of Atorvastatin Calcium and Ezetimibe*", which received the **1st Prize** along with a shield and certificate of excellence.

Professor Dr. Humayun Riaz, Principal, Rashid Latif College of Pharmacy, commended Miss Nabba Shabbir for her outstanding achievement, emphasizing that her success reflects the institution's commitment to **research excellence and academic innovation**. He further appreciated her efforts in **strengthening inter-institutional collaboration** and scientific visibility at the international level, encouraging other faculty members and students to pursue similar research endeavors that elevate the college's academic stature.



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Validated RP-HPLC Method for Simultaneous Estimation of Atorvastatin Calcium and Ezetimibe

Author: Nabba Shabbir, SUP/ Dr. Waqar Siddique, Riphah International University, Lhr

ABSTRACT

A robust RP-HPLC method was developed for the simultaneous quantification of Atorvastatin Calcium and Ezetimibe. Using a C18 column and a mobile phase of 0.2 M ammonium acetate buffer (pH 6.5) and acetonitrile (28:72 v/v), the drugs were detected at 242 nm with retention times of 3.2 min (atorvastatin) and 5.8 min (ezetimibe). The method demonstrated high specificity, precision (%RSD < 0.3), linearity ($r^2 = 1.0$), accuracy (98–102% recovery), and robustness under varied conditions. Suitable for routine pharmaceutical analysis.

INTRODUCTION

- Hypercholesterolemia is a key contributor to ASCVD. Atorvastatin inhibits hepatic cholesterol synthesis, while ezetimibe blocks intestinal absorption.
- Their combination offers a dual mechanism for LDL-C reduction. This study aims to develop a validated RP-HPLC method for their simultaneous estimation in bulk and formulations.

METHODOLOGY

OBJECTIVE

- To Develop and validate a simple, accurate, and ICH-compliant RP-HPLC method for simultaneous estimation of Atorvastatin Calcium and Ezetimibe.

RESULTS & DISCUSSION

- Specificity:** No interference from excipients or diluents.
- Robustness:** Consistent results across 0.9–1.1 mL/min, 241–243 nm, and 25–35°C.
- System Suitability:** Theoretical plates > 5000, tailing factor < 1.5.

CHROMATOGRAPHIC CONDITIONS

System: Agilent 1260 Infinity

Column: C18 (4.6 × 150 mm, 5 μm)

Mobile Phase: 0.2 M Ammonium acetate buffer (pH 6.5) : Acetonitrile (28:72 v/v)

Flow Rate: 1.0 mL/min

Detection: 242 nm

Injection Volume: 20 μL

SAMPLE PREPARATION

STOCK SOLUTION: 20 mg of each drug in methanol (0.2 mg/mL)

WORKING SOLUTION: Diluted to 0.016 mg/mL with mobile phase

VALIDATION PARAMETERS

- Accuracy
- Robustness
- Limit of Detection (LOD)
- Specificity
- Precision
- Linearity

CONCLUSION

The Developed RP-HPLC method is precise, accurate, and robust for simultaneous estimation of Atorvastatin Calcium and Ezetimibe. It meets ICH validation criteria and is suitable for routine quality control in Pharmaceutical Formulations.

References

- ICH Q2(R1) Guidelines
- Clinical studies on statin-ezetimibe combination
- Pharmacokinetic profiles of atorvastatin and ezetimibe

Acknowledgement

Special thanks to the Department of Pharmacy and lab staff for their guidance and support throughout the research.



RASHID LATIF NURSING COLLEGE (RLNC)



MR. FAISAL NADEEM ATTENDS THESIS DEFENSE SESSION AT UOL

Mr. Faisal Nadeem, Principal of Rashid Latif Nursing College, participated as a faculty member in the thesis defense session of students at the University of Lahore.



BREAST CANCER AWARENESS SESSION 2025



9th INTERNATIONAL CONFERENCE ON HEALTH PROFESSIONS EDUCATION / 1st INTERNATIONAL CONFERENCE ON NURSING & MIDWIFERY

Mr. Faisal Nadeem attending the conference at university of Lahore





RLKU MEDICAL COLLEGE (RLKUMC)

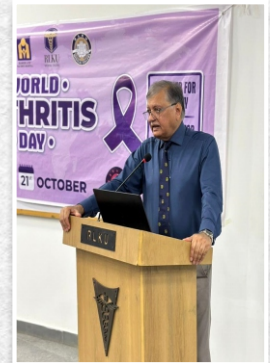
WORLD ARTHRITIS DAY

RLKU Medical College Lahore observed World Arthritis Day on October 21, 2025, with great enthusiasm and awareness-raising activities. The event aimed to highlight the importance of early diagnosis, proper management, and preventive measures for arthritis, which affects millions of people worldwide.

The program was organized under the supervision of Prof. Dilawaiz Nadeem, Head of the Orthopedics Department. Faculty members, students, and staff actively participated in the event. Prof. Dilawaiz Nadeem delivered an informative talk on the causes, symptoms, and modern treatment options for arthritis. The session emphasized lifestyle modifications, regular exercise, and a balanced diet as key factors in maintaining joint health.

Principal Prof. Dr. Arif Mahmood Siddiqui appreciated the efforts of the organizing team and encouraged students to continue promoting public awareness regarding musculoskeletal health.

The event successfully reflected RLKU Medical College's commitment to community health education and medical excellence.



ETHICAL CHALLENGES IN LABORATORY DATA HANDLING IN RESEARCH

RLKU Medical College, Lahore, organized a faculty session on "Ethical Challenges in Laboratory Data Handling in Research" on October 13, 2025. The distinguished Guest Speaker, Dr. Sana Mirza, Chairperson, Department of Oral Pathology, LUMHS Jamshoro, delivered an insightful talk focusing on ethical issues related to laboratory data management, integrity of research, and the importance of maintaining professional standards in scientific work.

The session was attended by faculty members from both Basic and Clinical Sciences, including Professors, Associate Professors, Assistant Professors, and Demonstrators. The event provided a valuable opportunity for participants to enhance their understanding of ethical practices in research and to engage in meaningful discussions about maintaining transparency and credibility in academic work.





RLKU MEDICAL COLLEGE (RLKUMC)

DEPARTMENT OF MEDICAL EDUCATION

"Engage and Empower: Effective Lesson Planning and Small Group Learning"

An interactive faculty development workshop titled "**Engage and Empower: Effective Lesson Planning and Small Group Learning**" was conducted under the banner of the **9th International Conference on Health Professions Education**. The workshop was facilitated by **Prof. Dr. Naureen Omar** and **Prof. Dr. Faheem Mahmood**, both distinguished educators known for their expertise in medical education and faculty training.

The session aimed to enhance participants' understanding of structured lesson planning and to promote active learning strategies through effective small group facilitation. Faculty members engaged in collaborative discussions and reflective exercises designed to strengthen their teaching approaches and align them with modern educational practices. Participants appreciated the practical insights shared by the facilitators and valued the opportunity to exchange ideas and experiences with peers. The workshop concluded with a lively discussion on integrating learner-centered strategies into daily teaching sessions to foster engagement, critical thinking, and meaningful learning outcomes.



CELEBRATING 1000 SUCCESSFUL LIVER TRANSPLANTS

Prof. Arif Mahmood Siddiqui (Principal RLKUMC) representing the college with Prof. Faisal Dar, DEAN OF PKLI, celebrating 1000 successful liver transplants. The event highlighted the remarkable achievements in medical science and the dedication of the entire team involved in this life-saving work. It was a motivating reminder of how dedicated professionals can affect patients and their families. The gathering also served as an opportunity to discuss future advancements in transplant technology and the importance of continued research in the field.

Attendees left inspired, eager to contribute to the ongoing mission of improving patient outcomes and expanding access to life-saving treatments.





RLKU MEDICAL COLLEGE (RLKUMC)

CAMPUS HOSTS ITS FIRST-EVER SPORTS FEST

The campus successfully organized its first-ever Sports Fest, a milestone event held under the esteemed supervision of Principal Prof. Dr. Arif Mehmood, Vice Principal Prof. Dr. Faheem Mahmood, and Sports Secretary Dr. Iram Arshad. The week-long series of sports activities, held from October 6, 2025, to October 14, 2025, brought together students, faculty, and staff in a celebration of athletic spirit, teamwork, and healthy competition.

Throughout the week, students participated enthusiastically in various sports and games, showcasing their energy, discipline, and sportsmanship. The event reflected the institution's continued commitment to fostering both academic excellence and physical well-being among its students.

The Sports Finale, held on October 14, 2025, marked the culmination of the event. The highlight of the day was the presence of Mr. Abdul Razzaq, the renowned Pakistani cricketer, who graced the occasion as the Chief Guest. His presence greatly motivated the students, and his words of encouragement inspired young athletes to strive for excellence in both sports and academics.

The ceremony was graced by CEO Mrs. Sabahat Khan and Dean Prof. Dr. Farrukh Zaman, whose presence further elevated the significance of the occasion. During the closing ceremony, CEO Mrs. Sabahat Khan presented a memento to the Chief Guest, Mr. Abdul Razzaq, as a token of appreciation for his participation and contribution to promoting sportsmanship among youth.

Principal Prof. Dr. Arif Mehmood, in his address, commended the efforts of the organizing committee and participants, highlighting the importance of extracurricular engagement in holistic student development. Vice Principal Prof. Dr. Faheem Mahmood extended their appreciation to all teams and faculty members for their dedication and teamwork, which made the event a resounding success.

The Sports Week concluded with a prize distribution ceremony, recognizing outstanding athletes and





RLKU MEDICAL COLLEGE (RLKUMC)

ANNUAL ONCOLOGY CONFERENCE OF SHAUKAT KHANUM HOSPITAL

Principal RLKUMC Prof. Arif Mahmood Siddiqui represented the college at the Annual Oncology Conference of Shaukat Khanum Hospital. He chaired a session and presented a talk on gastrointestinal stromal tumors on Friday, 31st October 2025. Attendees responded positively to his insights on the latest treatment protocols, which sparked engaging discussions. The conference served as a valuable platform for networking and knowledge exchange on oncology advancements.



12TH INSPIRATIONAL SPEAKER SESSION AT RLKU MEDICAL COLLEGE

Rashid Latif Khan University Medical College Lahore, successfully organized its 12th Inspirational Speaker Session on Friday, 31st October 2025.

The distinguished guest for the occasion was Prof. Zafar Ali Chaudhry, Vice Chancellor, Faisalabad Medical University (FMU), who delivered an inspiring address to the students and faculty members. His insightful talk focused on professional ethics, leadership, and the evolving responsibilities of medical practitioners in today's healthcare landscape. He encouraged students to pursue excellence with integrity and compassion, emphasizing that true success in medicine lies in service to humanity.

The session was attended by 1st and 2nd Year MBBS students, along with faculty members from both Basic and Clinical Sciences. The presence of Prof. Arif Mahmood Siddiqui, Principal, RLKU Medical College, and Prof. Faheem Mahmood, Vice Principal further added prestige to the event.

Prof. Arif Mahmood Siddiqui appreciated the guest speaker's valuable insights and thanked him for taking the time to share his vast experience and knowledge with the RLKU community. The participants expressed great enthusiasm and gratitude for the opportunity to engage with such a renowned academic leader.

The session concluded with a vote of thanks and presentation of a memento to the guest speaker, marking yet another successful addition to RLKU's ongoing Inspirational Speaker Series aimed at fostering professional growth, motivation, and excellence among future healthcare professionals.





RLKU MEDICAL COLLEGE (RLKUMC)

ANNUAL ONCOLOGY CONFERENCE OF SHAUKAT KHANUM HOSPITAL

The 7th Journal Club Meeting of RLKU Medical College Lahore was successfully held on Tuesday, 7th October 2025, at 12:00 PM in the D1 Lecture Hall.

The session featured an insightful presentation by Dr. Zubair Ashraf on a research paper related to Cardiology, focusing on recent developments and evidence-based advancements in cardiovascular medicine.

Faculty members from the Medical and Allied Departments actively participated in the discussion, sharing valuable insights and contributing to a stimulating academic exchange.

The session reflected the college's ongoing commitment to fostering a strong research culture and continuous professional development among faculty members.

